



DISASTER PREPAREDNESS COMMITTEE

The City of Beacon has provided a list of actions and items that should be on hand in case of emergency. Attached you will find an Easy-to-Do list to address the needs for you and your family. At any time that assistance is needed for an emergency, the **911 System** is available for immediate help. Also, maintain an up to date Emergency Contact Phone List with Important Numbers. Below you will also find a list of other Emergency Preparedness and Emergency Management Resources.

Thank You and Keep Safe,
City of Beacon Disaster Committee

LEARN MORE ABOUT EMERGENCY PREPAREDNESS AND EMERGENCY MANAGEMENT:

New York State Emergency Management Office: 1-518-457-2200 or www.nysemo.state.ny.us

Federal Emergency Management Agency (FEMA): FEMA published a longer, more detailed guide to emergency preparedness called "Are You Ready? A Guide to Citizen Preparedness." To order this publication, call FEMA's distribution center at 1-800-480-2520 or visit www.fema.gov/library. The FEMA website, www.fema.gov also contains a great deal of information about preparing for and responding to emergencies.

U.S. Department of Homeland Security: 1-800-BE-READY (1-800-237-3239) or www.ready.gov

U.S. Centers for Disease Control & Prevention: 1-800-311-3435 or www.cdc.gov

U.S. Department of Energy: 1-800-DIAL DOE (1-800-342-5363) or www.energy.gov

U.S. Environmental Protection Agency: 1-800-424-8802 or www.epa.gov

Chemtrec: 1-800-9300, 1-703-527-3887 or www.chemtrec.org

National Weather Service: www.weather.gov

NOAA All Hazards Radio: www.nws.noaa.gov/nwr

American Red Cross: 1-877-733-2767 or www.nyredcross.org

WBNR, AM 1260: www.wbnr.org

Cablevision, Channel 22: www.cablevision.com

FOR PARENTS AND FAMILIES:

FEMA: www.fema.gov/kids/

American Red Cross: www.prepare.org/children/bereadybook.pdf

The Sesame Workshop's safety page: www.sesameworkshop.org/parents/solutions/safety

American Academy of Pediatrics: www.aap.org

Household Disaster Plan Checklist

What to Have in Your Head

Consider developing a disaster plan with your household members that outlines what to do, how to find each other, and how to communicate in an emergency.

- Decide where your household will reunite after a disaster. Identify two places to meet: one right outside your home and another outside your neighborhood, such as a library, community center, or place of worship.
- Make sure everyone knows the address and phone number of your second meeting place.
- Know and practice all possible exit routes from your home and neighborhood.
- Designate an out-of-state friend or relative that household members can call if separated during a disaster.
- If 911 or Local Numbers are busy, this out-of-state contact can be an important way of communicating between household members. When local phone circuits are busy, long-distance calls may be easier to make.
- Account for everybody's needs, especially seniors, people with disabilities, and non-English speakers.
- Practice your plan with all household members.
- Ensure that household members have a copy of your household disaster plan.
- Familiarize yourself with emergency plans for your workplace, school, child's school or daycare, and other relevant institutions.

Go Bag Checklist

What to Have in Your Hand

Every household should consider assembling a Go Bag – a collection of items you may need in the event of an evacuation. Each household member's Go Bag should be packed in a sturdy, easy-to-carry container such as a backpack or suitcase on wheels. A Go Bag should be easily accessible if you have to leave your home in a hurry. Make sure it is ready to go at all times of the year.

- Copies of your important documents in a waterproof and portable container (insurance cards, birth certificates, deeds, photo IDs, proof of address, etc.)
- Extra set of car and house keys
- Credit and ATM cards, and cash, especially in small denominations. We recommend you keep at least \$50-\$100 on hand.
- Bottled water and non-perishable food such as energy or granola bars
- Flashlight, battery-operated AM/FM radio, and extra batteries. You can also buy wind-up radios that do not require batteries at retail stores.
- Medication for at least one week and other essential personal items. Be sure to change medications before they expire. Keep a list of the medications each member of your household takes, their dosages or copies of all your prescription slips, and your doctor's name and phone number.
- First-aid kit
- Sturdy, comfortable shoes, lightweight raingear, and a mylar blanket
- Contact and meeting place information for your household, and a small regional map
- Child care supplies or other special care items

Emergency Supply Kit Checklist

What to Have in Your Home

Keep enough supplies in your home to survive on your own for at least three days. If possible, keep these materials in an easily accessible, separate container or special cupboard. You should indicate to your household members that these supplies are for emergencies only.

- One gallon of drinking water per person per day
- Non-perishable, ready-to-eat canned foods, and manual can opener
- First-aid kit, medications, and prescriptions
- Flashlight, battery-operated AM/FM radio, and extra batteries Whistle
- Iodine tablets or one quart of unscented bleach (for disinfecting water ONLY if directed to do so by health officials) and eyedropper (for adding bleach to water) Personal hygiene items: soap, feminine hygiene products, toothbrush, and toothpaste, etc.
- Sturdy shoes, heavy gloves, warm clothes, a mylar blanket, and lightweight raingear
- Extra fire extinguisher, smoke detectors, carbon monoxide detectors
- Phone that does not rely on electricity
- Child care supplies or other special care items Other supplies and tools